

For More
Information

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Ghtc.org

The church calendar is available from the top menu bar.

Visit Us on Facebook:

GraceAndHolyTrinity

Contact any member of the clergy or church staff.



Spiritual Journey



**Nourishing Your
Spiritual
Journey at
GHTC**

Connecting to God and Each Other

We are each on a spiritual journey seeking to grow in faith as disciples of Christ through the many facets of our lives - worship, pastoral care, education, fellowship, service, and stewardship. We are striving to deepen our relationship with God and each other so we are able to give and receive support throughout life.



THE GOAL

At Grace & Holy Trinity Church our mission is to be an inclusive, spirited, and Christ-centered urban church community that transforms lives.

Our vision is that every member will joyfully celebrate God's love and share the transforming power of that love in the church, in the city, and in the world.

Our core values are:

- **Seeking:** We are each on a personal journey, seeking in community to understand God and what God is calling us to do.
- **Serving:** We serve God – both within and outside of this Church.
- **Caring:** We care about our neighbors and each other.

Opportunities



WORSHIP

- ❖ Sunday Worship Services:
 - 7:45 a.m. Traditional Service, Holy Eucharist, Rite I
 - 8:45 a.m. CrossRoads Service, Holy Eucharist, Rite II
 - 11:00 a.m. Classic Service, Daily Morning Prayer 2nd Sunday, others Holy Eucharist, Rite II
 - 5:00 p.m. Port of Grace, Holy Eucharist, Rite II, led by VCU students
- ❖ Friday Worship: 12:30 p.m. Prayers and Healing.
- ❖ Special services include the Oct. 2 Pet Blessing at 10:00 a.m. and the Thanksgiving Service at 7:00 p.m. Nov. 22.

PRAYER AND MEDITATION

- ❖ Sundays at 4:00 p.m. Offerings include yoga, different forms of prayer, and praying in color.
- ❖ Parish Weekend at Shrine Mont, October 14-16
- ❖ "Listen to Christmas" - December 18 Sunday Forum at 10:00 a.m. Quiet time to listen to a reading of the Bible stories, including art and music.



- ❖ Special programs are offered throughout the year, particularly in Advent and Lent.
- ❖ GHTC Concert Series

SPIRITUAL HABITS & PRACTICES

- ❖ Meditation offered on Sundays at 4:00 p.m.
- ❖ Programs on mindfulness and related topics are offered as part of the Sunday Forum.
- ❖ Spiritual Direction – speak to the clergy or Carolyn Chilton.
- ❖ Our Labyrinth is available throughout the year.
- ❖ Offering your time and talents in the work of the church, and making a financial commitment to support our work together.
- ❖ Episcopal Church Women programs throughout the year.
- ❖ Foyer Group meets monthly for fellowship.
- ❖ Spring Parish Day of Service.
- ❖ Mission trips to Belize in March and July.
- ❖ Friday Red Door Ministries.

EXPLORING LIFE ISSUES

- ❖ "Three Abrahamic Faiths" – Sept. 18 and 25 .Forum at 10:00 a.m.
- ❖ "Saints" Forum – October 23 and 30 at 10:00 a.m.
- ❖ Special offerings by the Boomers and Better Group.
- ❖ The GHTC Book Group meets monthly, beginning in October.
- ❖ “Lean In” Circle meets monthly to discuss women’s issues with work and life balance.

BIBLE STUDY & THEOLOGY

- ❖ Midday Bible Study – “The Psalms Speak for Us” - Wednesdays 11:50-12:50 beginning Sept. 14
- ❖ Monthly Theology Class - 2nd Thursday Mornings 7:45-9:00
- ❖ "Physics and Faith" - October 9 and 16 Sunday Forums
- ❖ Sunday Forum, November 6, 13, 20