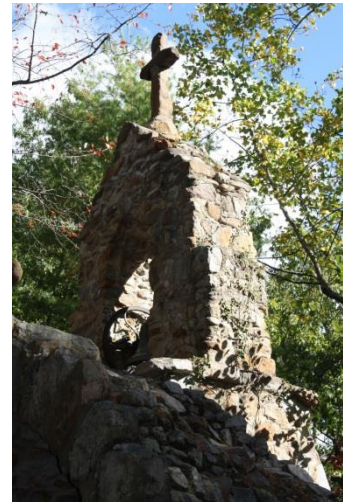


Registration Form

GHTC Parish Sabbath Weekend at [Shrine Mont](#)

October 12 – October 14, 2018

You can also register online www.ghc.org
(go to the *Our Community* page)



Name _____

Phone (h) _____
(m) _____

Address _____

Email _____

Name of each person attending	Children(s) age(s)

The charges below include 2 nights’ lodging, 6 meals and all taxes. Children 3 and under are no cost. If you feel that you can pay over and above the rates below, we welcome this and will use any excess monies to assist those who may be in need of assistance.

	Number	Cost	Total
One adult (12 +)- single occupancy		\$200	\$
One adult (12+) - double occupancy		\$160	\$
Children - (ages 4-12)		\$55	\$
Children - (0-3)		\$0	\$
Checks made to Grace and Holy Trinity Church with “Shrine Mont Parish Weekend” on the memo line, pay online using your credit or debit card or use the Gracie kiosk at GHTC.			\$

To reserve your space please submit \$50/adult (\$20/child 4-12) registration fee with your registration form. Registration fee is non-refundable. **Final balance due September 28, 2018 and is non-refundable after this date unless cancellation is because of family emergency or illness.**

(Flip Over)

If you are in need of scholarship assistance please contact Aaron Davis. There is funding available for VCU students as well as there are opportunities to fundraise to defray your individual cost.

If you are a single adult, and are willing/interested in sharing a room with another person which would lower the cost to the double occupancy rate please indicate:

Yes ___ No ___

If yes and you have already arranged for a roommate, please tell us their name:

Do you have a special request regarding your room assignment (for mobility issues only)?

Shrine Mont makes every effort to accommodate food allergies. Do you have any food allergies, and if so, please tell us what they are:

This retreat is a chance to unplug and to spend sometime doing what ever it is that allows you to reconnect to God, your family and your fellow parishioners.

Some of the ways we will encourage a restful sabbath time is offering:

- Meditative Coloring Pages
- Opportunities to Hike / Walk the Labyrinth
- Massages (sign ups will be available once you are registered)
- Bedtime Stories and night time prayers (especially geared towards younger children)
 - Yoga/Body Prayer
- Board Games/ Lawn Games (bring your favorite to share)

We encourage you to leave your technology behind (there is limited cell service on the mountain anyway) give your family and friends the number at the front desk in case of emergency and focus on your family of faith.

We look forward to spending this time away with you.