Grace & Holy Trinity Church

an Episcopal parish on Monroe Park





Holy Eucharist Rite Two

The Seventh Sunday after Pentecost (Year B)

Proper 9

July 7, 2024 10:30 a.m.

Communion Instructions for 10:30 a.m. Services

- Communicants will drink from the Chalice at the Altar in the church. Alternatively, communicants who receive the Bread may refrain from drinking from the Chalice; those who refrain from drinking from the Chalice are encouraged to cross their arms and to say "Amen" when the Chalice is offered by the Chalice Bearer: their "Amen" is their verbal acknowledgment of the grace of the sacrament. The full grace of the sacrament is communicated through the Bread.
- Intinction will be offered only at the Altar in the Chapel and for those who are served Communion in the pews. Prior to the start of worship at 10:30 a.m., the side doors of the chapel will be opened for communicants to enter the chapel to receive Communion from a Priest and Chalice Bearer, who will bring the sacrament from the Altar in the church to the Altar in the chapel. The Priest will intinct the Bread into the Common Cup, which the Chalice Bearer will hold. We will use a larger size wafer to facilitate intinction.
- The communion team who serves Communion at the Chapel will then move into the church and bring Communion to persons who are not able to go forward to the Altar in the church or the chapel. The same intinction method will be observed in the pews.
- Clergy and Chalice Bearers will apply hand sanitizer before administering the sacrament.

Release Information

Photographs and video of our services help keep our community connected and give visitors an idea of what to expect attending our church. If you do not want to be photographed or appear in our live and recorded services, please let an usher know so that you can be seated in an area that is not visible on camera.

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Welcome

Welcome to Grace & Holy Trinity. Ever aspiring to be more like Christ, we strive to be a warm and welcoming Episcopal parish, ever mindful of the needs of others. We seek to be inclusive to all, including the LGBTQIA+ community. We hope you will find a family here with us, whether you are a college student, Richmond newcomer, out-of-towner, or a long-time resident looking for a new church home. We open our arms and our hearts to you! If you are visiting, please fill out the **Connect Card** in the pew rack and place it in the offering plate during the service. Sign up for the Weekly News with the Connect Card or at ghtc.org/news. Over the summer, Elementary Age Children are invited to join Children's Chapel in the chapel at the back of the church during the Liturgy of the Word. The children will return to their parents following the sermon. A wonderful nursery staff is available from 8:00 a.m. to 11:45 a.m. should you wish to drop off your young children (up to age 3) during worship. We also provide children's bulletins for children wishing to stay with their parents. If young children get restless, you are welcome to use our library. Changing tables are located in the family restroom near the choir room. A greeter can direct you. Information about Complimentary Sunday Parking can be found in the back of this bulletin or on the Connect Table in the hallway across from the library. Information about Holy **Communion** at the 10:30 a.m. services can be found on the previous page.

Today's Worship Participants

The Reverend Dr. Brent A. Melton, *Celebrant & Preacher* The Reverend Dr. Doug Wigner, *Assisting Priest* Ellie Leffler, Burn Bradshaw & George Bradshaw, *Acolytes* Ann Gray & Alexander Macaulay, *Lectors* Catherine Perrin, Leslie Winn & Marcia Hailey, *Chalice Bearers* Catherine Perrin, Vicky Bleick, Elizabeth Baker & Aanu Adewusi, *Altar Guild* Marshall Morton, *Children's Chapel Storyteller*

Flowers at the Altar

This Sunday's flowers at the altar are given to the Glory of God and in memory of Annie Pender & John Wotten Gordon, Annie Pender Gordon & Gaston Lord Meyers, Rebecca Daingerfield Gordon & Nellie Hodge Gordon Mayo, John Wotten Gordon, Jr., Caroline Myers & Richard Caswell Cooke, Caroline DeRosset Cooke & William Dinsmore Holland, Sean William Lawrence Curran, and Sarah Herritage Cooke Picton by Anne Gordon Curran. *If you would like to remember or honor a loved one by giving the altar flowers, please call Cathy Saunders at (804) 359-5628 x13 with dates and specific requests.* Altar flowers can also be given for recognition, birthdays, anniversaries, or special occasions. The cost is \$100. You may mail a check or handle the cost online at **ghtc.org/give.**

The Word of God

The Prelude marks the beginning of our worship and is intended as a time of quiet prayer and reflection for all. *Please silence your devices.*



When I Survey the Wondrous Cross | Healey Willan

Stanley M. Baker, Organist

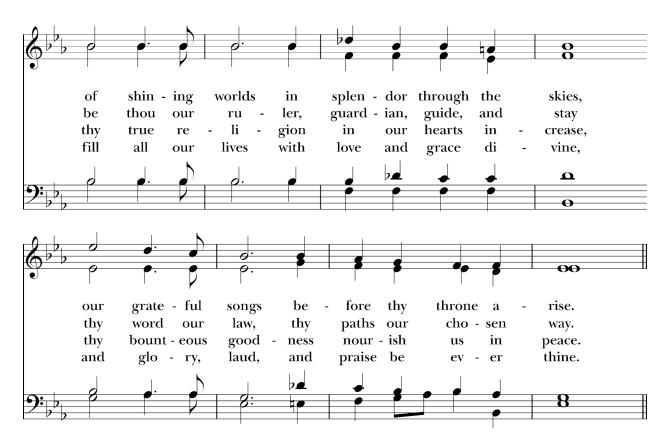
Processional Hymn

Prelude

All stand as you are able and sing.

"God of our fathers" *The Hymnal 1982* #718





Words: Daniel Crane Roberts (1841-1907) | Music: National Hymn, George William Warren (1828-1902)

Opening Acclamation

Book of Common Prayer (BCP) p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Kyrie

CelebrantLord, have mercy.AllChrist, have mercy.CelebrantLord, have mercy.

BCP p. 355

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The Collect of the Day

CelebrantThe Lord be with you.AllAnd also with you.

Celebrant Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Children's Chapel Dismissal

The children are invited to gather in the chapel for Children's Chapel.

 Celebrant
 Jesus said, "Let the children come to me, and do not stop them, for it is to such as these that the kingdom of heaven belongs."

 — Matthew 19:14

Please be seated.

First Reading

Ezekiel 2:1-5

Lector A reading from the Book of Ezekiel.

The Lord said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord God." Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

LectorThe Word of the Lord.AllThanks be to God.

Psalm 123

All say in unison.

All To you I lift up my eyes, *
to you enthroned in the heavens.
As the eyes of servants look to the hand of their masters, *
and the eyes of a maid to the hand of her mistress,
So our eyes look to the Lord our God, *
until he show us his mercy.
Have mercy upon us, O Lord, have mercy, *
for we have had more than enough of contempt,
Too much of the scorn of the indolent rich, *
and of the derision of the proud.

Second Reading

2 Corinthians 12:2-10

Lector A reading from the Second Letter of Paul to the Corinthians.

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

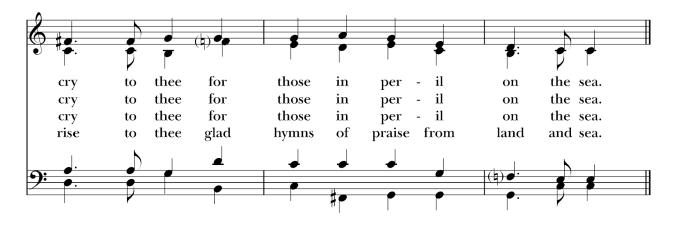
LectorThe Word of the Lord.AllThanks be to God.

Gradual Hymn

All sing.

"Eternal Father, strong to save" *The Hymnal 1982* #608





Words: William Whiting (1825-1878), alt. | Music: Melita, John Bacchus Dykes (1823-1876)

Please stand as you are able.

Mark 6:1-13

The Gospel

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, Lord Christ.

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

Deacon The Gospel of the Lord.*All* Praise to you, Lord Christ.

The Sermon

Please stand as you are able.

The Nicene Creed

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

> We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

BCP p. 358

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form VI | BCP p. 392

Please remain standing as you are able.

Celebrant In peace, we pray to you, Lord God.

Lector	For all people in their daily life and work;
All	For our families, friends, and neighbors, and for those who are alone.
Lector	For this community, the nation, and the world;
All	For all who work for justice, freedom, and peace.
Lector	For the just and proper use of your creation;
All	For the victims of hunger, fear, injustice, and oppression.
Lector	For all who are in danger, sorrow, or any kind of trouble;
All	For those who minister to the sick, the friendless, and the needy.
Lector	For the peace and unity of the Church of God;
All	For all who proclaim the Gospel, and all who seek the Truth.
Lector	For Michael our Presiding Bishop and Sean our Presiding Bishop-Elect; Mark, Gayle, Bud, our Bishops; and other ministers;
All	For all who serve God in his Church.
Lector	For the special needs and concerns of this congregation.

Silence | *The People may add their own petitions.*

The Parish Prayer List

The Deacon will read the names of those on the parish prayer list.

DeaconHear us, Lord;AllFor your mercy is great.

Deacon We thank you, Lord, for all the blessings of this life.

Silence | The People may add their own thanksgivings.

Deacon We will exalt you, O God our King;

All And praise your Name for ever and ever.

Deacon We pray for all who have died, [especially____], that they may have a place in your eternal kingdom.

Silence | The People may add their own petitions.

- *Deacon* Lord, let your loving-kindness be upon them;*All* Who put their trust in you.
- All Who put their trust in you.

Celebrant We pray to you also for the forgiveness of our sins.

Silence may be kept. | *Please remain standing as you are able.*

The Confession of Sin & Absolution

- All Have mercy upon us, most merciful Father;
 in your compassion forgive us our sins,
 known and unknown,
 things done and left undone;
 and so uphold us by your Spirit
 that we may live and serve you in newness of life,
 to the honor and glory of your Name;
 through Jesus Christ our Lord. Amen.
- *Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

Celebrant The peace of the Lord be always with you.

All And also with you.

Please be seated.

Welcome and Announcements

The Holy Communion

Offertory Sentence

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

– Ephesians 5:2

BCP p. 376



To donate or pay your pledge, scan the QR code or visit ghtc.org/give.

Please remain seated.

Offertory Hymn

All sing.





Words: James Weldon Johnson (1871-1938) | Music: Lift Every Voice, J. Rosamond Johnson (1873-1954) Words: Copyright by Edward B. Marks Music Corporation. Used by permission. Music: Copyright © 1921 by Edward B.

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Please stand as you are able.

Doxology

When the altar is set for communion, all stand as you are able and sing the following:

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

Eucharistic Prayer C

Celebrant The Lord be with you.

All And also with you.

Celebrant Lift up your hearts.

All We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

All It is right to give God thanks and praise.

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

All Glory to you for ever and ever.

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

All By your will they were created and have their being.

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

All Have mercy, Lord, for we are sinners in your sight.

- Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
- All By his blood, he reconciled us. By his wounds, we are healed.

BCP p. 369

The Hymnal 1982 #380 (vs. 3)

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus & Benedictus

The Hymnal 1982 S 129

Ho - ly, ho - ly, ho ly Lord, God of pow-er and -3 3 might, and earth full your glo - ry. Ho hea - ven are of 3 ø٠ high - est. Bless - ed who in the is he san na the name of the Lord. Ho - san - na in comes in the high - est.

All sing.

Setting: Robert Powell (b. 1932)

Please remain standing, as you are able.

Celebrant And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

> On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

> After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Celebrant Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

All We celebrate his death and resurrection, as we await the day of his coming.

Celebrant Lord God of our Mothers and Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All AMEN.

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen. BCP p. 364

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion from the Common Cup is available from the Main Altar only. Communion by intinction is available in the Chapel and for those who are seated in the pews. Please refer to page 1 of this service leaflet for full instructions about receiving communion.

If you prefer to receive the sacrament while seated in the congregation, **please raise your bulletin and the Eucharistic Ministers will bring the sacrament to you.** For a **gluten-free wafer**, please bring a blue gluten-free card from the pew rack to the altar rail. If you do not wish to receive Communion, you may come forward for a blessing. Please be seated after receiving communion.

Communion Hymn 1 "Rock of ages" The Hymnal 1982 #685 All sing. 8 Rock of a - ges, cleft for let me hide my - self in thee; 1 me, 2 Should my tears for ev - er flow, should my zeal no lan - guor know, breath, when mine eye -3 While draw this fleet-ing lids close Ι in death, d. Θ θ σ D let the and the blood from thy wound-ed side that flowed, wa - ter all for tone: thou must save, and thou a lone; sin could not a when Ι to worlds un - known and be - hold thee on thy rise throne, Ð O θ ο 8 Ο be of sin the dou-ble cure, cleanse me from its guilt and power. in my hand no price I bring, sim - ply to thy cross Ι cling. Rock of a - ges, cleft for me, let me hide my-self thee. in 0 Ο Θ Ο

Words: Augustus Montague Toplady (1740-1778) | Music: Toplady, Thomas Hastings (1784-1872)

Communion Hymn 2





Words: Isaac Watts (1674-1748)Music: Rockingham, from Second Supplement to Psalmody in Miniature, ca. 1780; harm. Edward Miller (1731-1807)

Post-Communion Prayer

Please stand as you are able.

Celebrant Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

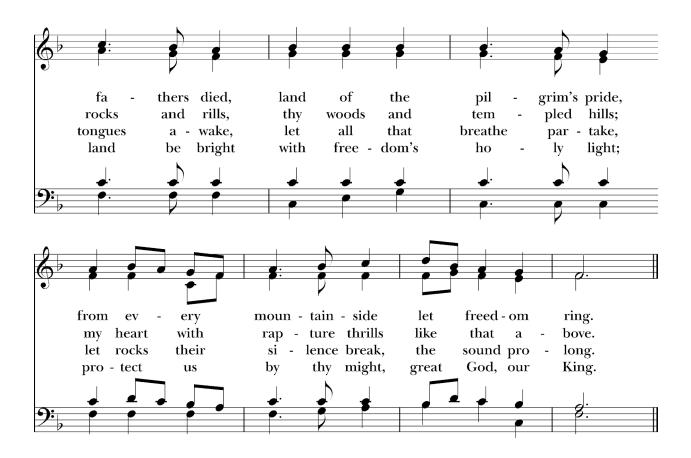
Celebrant The peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, of and his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Recessional Hymn

"My country, 'tis of thee" The Hymnal 1982 #717

All remain standing as you are able and sing.





Words: Samuel Francis Smith (1808-1895) | Music: America, from Thesaurus Musicus, 1745

The National Anthem

All remain standing as you are able and sing.



Words: Francis Scott Key (1779-1843) | Music: National Anthem, source unknown, ca. 18th cent.

The Dismissal

Celebrant Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, alleluia.

All Thanks be to God. Alleluia, alleluia.

Postlude"The Stars and Stripes Forever" | John Philip Sousa, arr. E Power Biggs

Dr. Elizabeth Melcher Davis, Organist

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Complimentary Sunday Parking

(Virginia Commonwealth University W. Main Street Parking Deck)

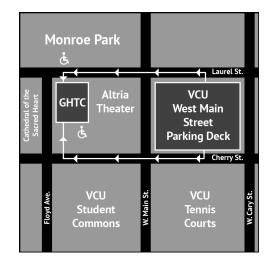


Validation Number: WM-1372 **Expiration date:** 06/30/2025 *QR code only valid on Sundays.*

VCU W. Main Street Parking Deck Instructions

- 1. Enter the parking deck from N. Laurel Street or N. Cherry Street.
- 2. At the parking gate arm, press the button to receive a ticket.
- 3. Park in any available space in the deck.
- 4. After visiting Grace & Holy Trinity, exit the parking deck in your vehicle and scan your parking ticket into the machine at the parking gate arm.
- 5. When the machine asks for payment, hold the QR code to the scanner.
- 6. The machine will scan the code, accept it as payment, and the parking gate arm will raise in order for you to exit.

*If you need assistance, press the "i" button at the gate and someone will assist remotely.



The Episcopal Diocese of Virginia

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The Right Reverend Gayle E. Harris Assistant Bishop of the Episcopal Diocese of Virginia

The Right Reverend James Joseph "Bud" Shand Visiting Bishop of the Episcopal Diocese of Virginia

Church Staff

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