

Grace & Holy Trinity Church

an Episcopal parish on Monroe Park



The Fifteenth Sunday after Pentecost (Year B)

Proper 17

September 1, 2024 | 10:30 a.m.

Welcome

Welcome to Grace & Holy Trinity. Ever aspiring to be more like Christ, we strive to be a warm and welcoming Episcopal parish, ever mindful of the needs of others. **We seek to be inclusive to all, including the LGBTQIA+ community.** We hope you will find a community here with us, whether you are a college student, Richmond newcomer, out-of-towner, or a long-time resident looking for a new church home. **If you are visiting,** please fill out the **Connect Card** in the pew rack and place it in the offering plate during the service. Sign up for the **Weekly News** with the Connect Card or at ghtc.org/news. Over the summer, **Elementary Age Children** are invited to join Children’s Chapel in the chapel at the back of the church during the Liturgy of the Word. The children will return to their parents following the sermon. A wonderful **nursery** staff is available from 8:00 a.m. to 11:45 a.m. should you wish to drop off your young children (up to age 3) during worship. We also provide **children’s bulletins** for children wishing to stay with their parents. If young children get restless, it is OK to stay in church and you are welcome to use our library, too. **Changing tables** are located in the family restroom near the choir room. A greeter can direct you. Information about **Complimentary Sunday Parking** can be found in the back of this bulletin or on the Connect Table in the hallway across from the library.

The Word of God

The Prelude marks the beginning of our worship and is intended as a time of reflection for all.

Prelude

“I Call to Thee, Lord Jesus Christ” | Johann Sebastian Bach

Dr. Elizabeth Melcher Davis, *Organist*

Processional Hymn

All stand as you are able and sing.

“Lift up your heads”

The Hymnal 1982 #436

1 Lift up your heads, ye might - y gates; be - hold the
2 O blest the land, the ci - ty blest, where Christ the
3 Fling wide the por - tals of your heart; make it a
*4 Re - deem - er, come! I o - pen wide my heart to
5 So come, my Sov - ereign; en - ter in! Let new and

1 King of glo - ry waits! The King of kings is
 2 ru - ler is con - fessed! O hap - py hearts and
 3 tem - ple, set a - part from earth - ly use for
 4 thee: here, Lord, a - bide! Let me thy in - ner
 5 no - bler life be - gin; thy Ho - ly Spi - rit

1 draw - ing near; the Sa - vior of the world is here.
 2 hap - py homes to whom this King of tri - umph comes!
 3 heaven's em - ploy, a - dorned with prayer and love and joy.
 4 pres - ence feel: thy grace and love in me re - veal.
 5 guide us on, un - til the glo - rious crown be won.

Words: Georg Weissel (1590-1635); tr. Catherine Winkworth (1827-1878)

Music: *Truro*, melody from *Psalmodia Evangelica, Part II*, 1789; harm. Lowell Mason (1782-1872), alt.

Opening Acclamation

Book of Common Prayer p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity

Book of Common Prayer p. 355

All Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Kyrie

Book of Common Prayer p. 356

Celebrant Lord, have mercy.

All Christ, have mercy.

Celebrant Lord, have mercy.

The Collect of the Day

Book of Common Prayer p. 232

Celebrant The Lord be with you.

All And also with you.

Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

Children's Chapel Dismissal

Celebrant Jesus said, "Let the children come to me, and do not stop them, for it is to such as these that the kingdom of heaven belongs." — *Matthew 19:14*

The children are invited to gather in the chapel for Children's Chapel. The congregation may be seated.

First Reading

Song of Solomon 2:8-13

Lector A reading from the Song of Solomon.

The voice of my beloved!
Look, he comes,
leaping upon the mountains,
bounding over the hills.
My beloved is like a gazelle
or a young stag.
Look, there he stands
behind our wall,
gazing in at the windows,
looking through the lattice.
My beloved speaks and says to me:
"Arise, my love, my fair one,
and come away;
for now the winter is past,
the rain is over and gone.
The flowers appear on the earth;
the time of singing has come,
and the voice of the turtledove
is heard in our land.

The fig tree puts forth its figs,
and the vines are in blossom;
they give forth fragrance.
Arise, my love, my fair one,
and come away.”

Lector The Word of the Lord.

All Thanks be to God.

Psalm 45:1-2, 7-10

Read responsively by whole verse.

Book of Common Prayer p. 647

Eructavit cor meum

- Lector*
- 1 My heart is stirring with a noble song;
let me recite what I have fashioned for the king; *
my tongue shall be the pen of a skilled writer.
 - 2 **You are the fairest of men; ***
grace flows from your lips,
because God has blessed you for ever.
 - 7 Your throne, O God, endures for ever and ever, *
a scepter of righteousness is the scepter of your kingdom;
you love righteousness and hate iniquity.
 - 8 **Therefore God, your God, has anointed you ***
with the oil of gladness above your fellows.
 - 9 All your garments are fragrant with myrrh, aloes, and cassia, *
and the music of strings from ivory palaces makes you glad.
 - 10 **Kings' daughters stand among the ladies of the court; ***
on your right hand is the queen,
adorned with the gold of Ophir.

Second Reading

James 1:17-27

Lector A reading from the Letter of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Lector The Word of the Lord.

All Thanks be to God.

Gradual Hymn

“O master, let me walk with thee”

The Hymnal 1982 #660

1 O Mas - ter, let me walk with thee in low - ly
 2 Help me the slow of heart to move by some clear,
 3 Teach me thy pa - tience; still with thee in clos - er,
 4 in hope that sends a shin - ing ray far down the

paths of ser - vice free; tell me thy se - cret;
 win - ning word of love; teach me the way - ward
 dear - er com - pa - ny, in work that keeps faith
 fu - ture's broad - ening way, in peace that on - ly

help me bear the strain of toil, the fret of care.
 feet to stay, and guide them in the home - ward way.
 sweet and strong, in trust that tri - umphs o - ver wrong,
 thou canst give, with thee, O Mas - ter, let me live.

The Gospel

Mark 7:1-8, 14-15, 21-23

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, Lord Christ.**

When the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, “Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?” He said to them, “Isaiah prophesied rightly about you hypocrites, as it is written,

‘This people honors me with their lips,
but their hearts are far from me;
in vain do they worship me,
teaching human precepts as doctrines.’

You abandon the commandment of God and hold to human tradition.”

Then he called the crowd again and said to them, “Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.” For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.”

Deacon The Gospel of the Lord.

All **Praise to you, Lord Christ.**

The Sermon

The Rev. Brent A. Melton

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Celebrant In peace, we pray to you, Lord God.

Lector For all people in their daily life and work;

All For our families, friends, and neighbors, and for those who are alone.

Lector For this community, the nation, and the world;

All For all who work for justice, freedom, and peace.

Lector For the just and proper use of your creation;

All For the victims of hunger, fear, injustice, and oppression.

Lector For all who are in danger, sorrow, or any kind of trouble;

All For those who minister to the sick, the friendless, and the needy.

Lector For the peace and unity of the Church of God;

All For all who proclaim the Gospel, and all who seek the Truth.

Lector For Michael our Presiding Bishop and Sean our Presiding Bishop-Elect; Mark, Gayle, Bud, our Bishops; and other ministers;

All For all who serve God in his Church.

Lector For the special needs and concerns of this congregation.

Silence | *The People may add their own petitions.*

The Parish Prayer List

The Deacon will read the names of those on the parish prayer list.

Deacon Hear us, Lord;

All For your mercy is great.

Deacon We thank you, Lord, for all the blessings of this life.

Silence | *The People may add their own thanksgivings.*

Deacon We will exalt you, O God our King;

All And praise your Name for ever and ever.

Deacon We pray for all who have died, [especially _____], that they may have a place in your eternal kingdom.

Silence | *The People may add their own petitions.*

Deacon Lord, let your loving-kindness be upon them;

All Who put their trust in you.

Celebrant We pray to you also for the forgiveness of our sins.

Silence may be kept. Please remain standing as you are able.

The Confession of Sin & Absolution

All Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Book of Common Prayer p. 360

Celebrant The peace of the Lord be always with you.

All And also with you.

Welcome and Announcements

The Holy Communion

Offertory Sentence

Book of Common Prayer p. 376

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

– *Ephesians 5:2*



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Offertory Hymn

All sing.

“Rejoice, ye pure in heart!”

The Hymnal 1982 #556

1 Re - joi - ce, ye pure in heart! Re - joi - ce, give thanks, and sing! Your
2 With all the an - gel choirs, with all the saints of earth, pour
3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while
4 Yes, on through life's long path, still chant - ing as ye go, from
5 Still lift your stand - ard high, still march in firm ar - ray, as

1 glo - rious ban - ner wave on high, the cross of Christ your King.
2 out the strains of joy and bliss, true rap - ture, no - blest mirth.
3 an - swer - ing ech - oes up - ward float, like wreaths of in - cense cloud.
4 youth to age, by night and day, in glad - ness and in woe.
5 war - riors through the dark - ness toil, till dawns the gold - en day.

Refrain

Re - joi - ce, re - joi - ce, re - joi - ce, give thanks, and sing.
re - joi - ce, re - joi - ce,

Words: Edward Hayes Plumptre (1821-1891) | Music: *Marion*, Arthur Henry Messiter (1834-1916)

Doxology

The Hymnal 1982 #380 (v. 3)

**Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost. Amen.**

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Lift up your hearts.

All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give God thanks and praise.**

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

All **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

All **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

All **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

All **By his blood, he reconciled us. By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
 might, hea - ven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est._____

Setting: Robert Powell (b. 1932)

You may remain standing or kneeling as you prefer.

Celebrant And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Celebrant Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

All **We celebrate his death and resurrection, as we await the day of his coming.**

Celebrant Lord God of our Mothers and Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All **Risen Lord, be known to us in the breaking of the Bread.**

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All Amen.

Celebrant And now, as our Savior Christ has taught us, we are bold to say, in the language of your heart.

The Lord's Prayer

Book of Common Prayer p. 364

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Padre nuestro que estás en el cielo,
santificado sea tu Nombre,
venga tu reino,
hágase tu voluntad,
en la tierra como en el cielo.
Danos hoy nuestro pan de cada día.
Perdona nuestras ofensas,
como también nosotros perdonamos
a los que nos ofenden.
No nos dejes caer en tentación
y líbranos del mal.
Porque tuyo es el reino,
tuyo es el poder, y tuya es la gloria,
ahora y por siempre. Amén.

The Breaking of the Bread

Book of Common Prayer p. 364

Celebrant Alleluia. Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion from the Common Cup is available from the Main Altar only. Communion by intinction is available at the station and for those who are seated in the pews. Please refer to page 1 of this service leaflet for full instructions about receiving communion.

*If you prefer to receive the sacrament while seated in the congregation, **please raise your bulletin and the Eucharistic Ministers will bring the sacrament to you.** For a **gluten-free wafer**, please bring a blue gluten-free card from the pew rack to the altar rail. If you do not wish to receive Communion, you may come forward for a blessing.*

Communion Hymn 1

“Come with us”
The Hymnal 1982 #336

1 Come with us, O bless - ed Je - sus, with us ev - er -
 *2 Come with us, O might - y Sa - vior, God from God, and
 *3 Come with us, O King of glo - ry, by an - gel - ic

more to be; and though leav - ing now thine
 Light from Light; thou art God, thy glo - ry
 voic - es praised; in our hearts as in thy

al - tar, let us nev - er - more leave thee.
 veil - ing, so that we may bear the sight.
 hea - ven, be en - rap - tured an - them - s raised.

Be thou one with us for ev - er, in our life thy
 Now we go to seek and serve thee, through our work as
 Let the might - y cho - rus ev - er sing its glad ex -

love di - vine our own flesh and blood has
 through our prayer; grant us light to see and
 ul - tant songs; let its hymn be heard for

tak - en, and to us thou giv - est thine.
 know thee, in thy peo - ple ev - ery - where.
 ev - er - peace for which cre - a - tion longs.

Words: John Henry Hopkins, Jr. (1820-1891) and Charles P. Price (b. 1920)
 Music: *Werde munter*, Johann Schop (d. 1665?); arr. and harm. Johann Sebastian Bach

Communion Hymn 2

“Morning has broken”
The Hymnal 1982 #8

Unison or harmony

1 Morn-ing has bro - ken like the first morn - ing,
 2 Sweet the rain's new fall sun - lit from hea - ven,
 3 Mine is the sun - light! Mine is the morn - ing

black-bird has spo - ken like the first bird. _____
 like the first dew - fall on the first grass. _____
 born of the one light E - den saw play! _____

Praise for the sing - ing! Praise for the morn - ing!
 Praise for the sweet - ness of the wet gar - den,
 Praise with e - la - tion, praise ev - ery morn - ing,
 Praise for them, spring - ing fresh from the Word! _____
 sprung in com - plete - ness where his feet pass. _____
 God's re - cre - a - tion of the new day! _____

Words: Eleanor Farjeon (1881-1965), alt. | Music: *Bunessan*, Gaelic melody; harm. Alec Wyton (b. 1921)

Please stand as you are able.

Post-Communion Prayer

Book of Common Prayer p. 365

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Celebrant The peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, of and his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Recessional Hymn

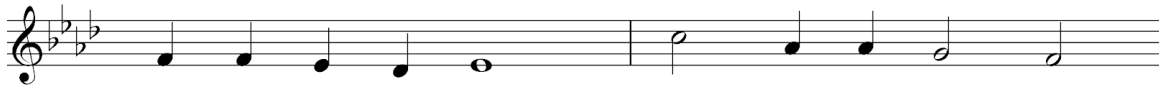
All stand as you are able and sing.

“Come, labor on”

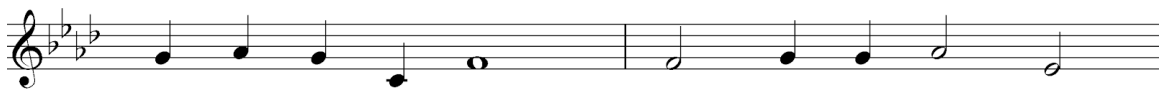
The Hymnal 1982 #541



1	Come,	la - bor	on.	Who	dares	stand	i - dle
2	Come,	la - bor	on.	The	en - e - my		is
3	Come,	la - bor	on.	A -	way	with	gloom - y
4	Come,	la - bor	on.	Claim	the	high	call - ing
5	Come,	la - bor	on.	No	time	for	rest, till



1	on	the	har - vest	plain,	while	all	a - round	us		
2	watch -	ing	night	and	day,	to	sow	the	tares,	to
3	doubts	and	faith -	less	fear!	No	arm	so	weak	but
4	an -	gels	can -	not	share—	to	young	and	old	the
5	glows	the	west -	ern	sky,	till	the	long	sha -	dows



1	waves	the	gold -	en	grain?	And	to	each	ser -	vant
2	snatch	the	seed	a -	way;	while	we	in	sleep	our
3	may	do	ser -	vice	here:	by	feb -	lest	a -	gents
4	Gos -	pel	glad -	ness	bear:	re -	deem	the	time;	its
5	o'er	our	path -	way	lie,	and	a	glad	sound	comes



1	does	the	Mas -	ter	say,	“Go	work	to -	day.”
2	du -	ty	have	for -	got,	he	slum -	bered—	not.
3	may	our	God	ful -	fill	his	right -	eous—	will.
4	hours	too	swift -	ly	fly.	The	night	draws—	nigh.
5	with	the	set -	ting	sun,——	“Ser -	vants,	well	done.”

Words: Jane Laurie Borthwick (1813-1897), alt. | Music: *Ora Labora*, Thomas Tertius Noble (1867-1953)

The Dismissal

Book of Common Prayer p. 339 & Henri-Frédéric Amiel

Celebrant Friends, life is short and we do not have much time to gladden the hearts of those who travel with us so be swift to love, make haste to be kind and go in peace to love and serve the Lord.

All Thanks be to God.

Postlude

Praeludium in C Minor | Johann Sebastian Bach

Stanley M. Baker, *Organist*

Flowers at the Altar

This Sunday's flowers at the altar are given to the Glory of God. *If you would like to remember or honor a loved one by giving the altar flowers, please call Cathy Saunders at (804) 359-5628 x13 with dates and specific requests.* Altar flowers can also be given for recognition, birthdays, anniversaries, or special occasions. The cost is \$100. You may mail a check or handle the cost online at ghtc.org/give.

Today's Worship Participants

The Rev. Brent A. Melton, *Celebrant & Preacher*

Dr. Elizabeth Melcher Davis, *Choirmaster & Organist*

Stanley M. Baker, *Assistant Choirmaster & Organist*

Lucie Baker, Dorie Baker & Charlie Sollog, *Acolytes*

Kathy Wommack & Harold Williams, *Lectors*

LOREM IPSUM, *Chalice Bearers*

Catherine Perrin, Vicky Bleick, Elizabeth Baker & Aanu Adewusi, *Altar Guild*

Teaching Blurb | The Season after Pentecost (Green) - Music in September

The season that follows Pentecost Sunday continues through the summer and fall months. This is the longest church season, as many as 28 Sundays depending on the date of Easter Day. This season falls in an Ordinary Time and is green is the preferred color. In this is a time Christians should reflect on the meaning of Christ's resurrection in our ordinary life. Each month we will include a new "Teaching Blurb" for your learning.

Music has been a part of the liturgy (worship service) from the very beginning. Liturgy by definition was "sung." Chanting/singing was considered the highest form of worship and was the norm through the Middle Ages. We began to lose chanting in the local parish churches in the Reformation. It was revived by the 19th Century and now is common, especially during the Psalm. We remember what Ephesians 5:19-20 says, "... as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ."

Release Information

Photographs and video of our services help keep our community connected and give visitors an idea of what to expect attending our church. If you do not want to be photographed or appear in our live and recorded services, please let an usher know so that you can be seated in an area that is not visible on camera.

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Communion Instructions for 10:30 a.m. Services

- Communicants will drink from the Chalice at the Altar in the church. Alternatively, communicants who receive the Bread may refrain from drinking from the Chalice; those who refrain from drinking from the Chalice are encouraged to cross their arms and to say “Amen” when the Chalice is offered by the Chalice Bearer: their “Amen” is their verbal acknowledgment of the grace of the sacrament. The full grace of the sacrament is communicated through the Bread.
- **Intinction** will be offered only at the base of the chancel steps beneath the lectern and for those who are served Communion in the pews. The Priest will intinct the Bread into the Common Cup, while the Chalice Bearer assists them. We will use a larger size wafer to facilitate intinction. After receiving, exit to the left to make your way back to your pew.
- **The same intinction method will be observed in the pews.**
 - Clergy and Chalice Bearers will apply hand sanitizer before administering the sacrament.

Complimentary Sunday Parking



Validation Number: WM-1374

Expiration date: 06/30/2025

QR code only valid on Sundays.

VCU W. Main Street Parking Deck Instructions

1. Enter the parking deck from N. Laurel Street or N. Cherry Street.
2. At the parking gate arm, press the button to receive a ticket.
3. Park in any available space in the deck.
4. After visiting Grace & Holy Trinity, exit the parking deck in your vehicle and scan your parking ticket into the machine at the parking gate arm.
5. When the machine asks for payment, hold the QR code to the scanner.
6. The machine will scan the code, accept it as payment, and the parking gate arm will raise in order for you to exit.

**If you need assistance, press the “i” button at the gate and someone will assist remotely.*



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