# Grace & Holy Trinity Church

an Episcopal parish on Monroe Park





# The Sixteenth Sunday after Pentecost (Year B)

Proper 18

September 8, 2024 | 10:30 a.m.

## Welcome

Welcome to Grace & Holy Trinity. Ever aspiring to be more like Christ, we strive to be a warm and welcoming Episcopal parish, ever mindful of the needs of others. We seek to be inclusive to all, including the LGBTQIA+ community. We hope you will find a community here with us, whether you are a college student, Richmond newcomer, out-of-towner, or a long-time resident looking for a new church home. If you are visiting, please fill out the Connect Card in the pew rack and place it in the offering plate during the service. Sign up for the Weekly News with the Connect Card or at ghtc.org/news. Over the summer, Elementary Age Children are invited to join Children's Chapel in the chapel at the back of the church during the Liturgy of the Word. The children will return to their parents following the sermon. A wonderful nursery staff is available from 8:00 a.m. to 11:45 a.m. should you wish to drop off your young children (up to age 3) during worship. We also provide children's bulletins for children wishing to stay with their parents. If young children get restless, it is OK to stay in church and you are welcome to use our library, too. Changing tables are located in the family restroom near the choir room. A greeter can direct you. Information about Complimentary Sunday Parking can be found in the back of this bulletin or on the Connect Table in the hallway across from the library.

## Welcome Back Parish Choir!

We welcome the Parish Choir which will lead our music at the 10:30 am worship services and at other special worship services during the program year. We greatly appreciate their musical gifts which enrich our worship!

# The Word of God

The Prelude marks the beginning of our worship and is intended as a time of reflection for all.

Prelude

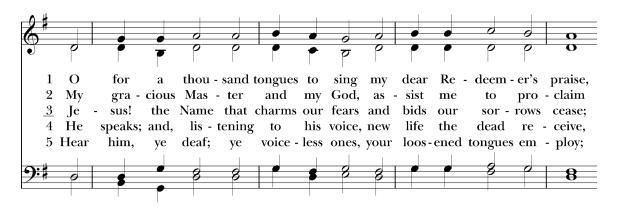
"For All the Saints" | Flor Peeters

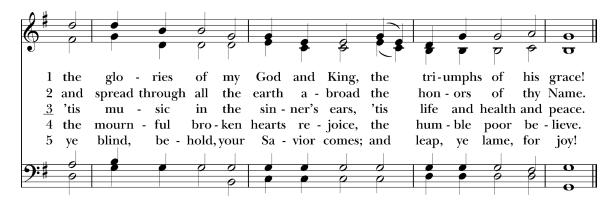
Stanley M. Baker, Organist

All stand as you are able and sing.

**Processional Hymn** 

"O for a thousand tongues" *The Hymnal 1982* #493





6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.

Words: Charles Wesley (1707-1788), alt.Music: Azmon, Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872)

## **Opening Acclamation**

Book of Common Prayer p. 355

Book of Common Prayer p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

## All And blessed be his kingdom, now and for ever. Amen.

## The Collect for Purity

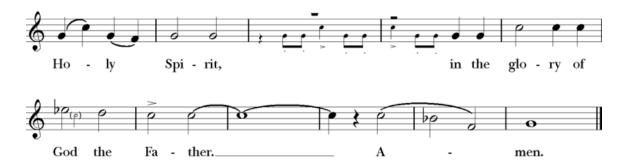
*Celebrant* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:

All Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria

All sing.





Setting: William Mathias (b. 1934)

#### The Collect of the Day

CelebrantThe Lord be with you.AllAnd also with you.

*Celebrant* Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.** 

#### Children's Chapel Dismissal

Celebrant	Jesus said, "Let the children come to me, and do not s	stop them, for it is to such as these
	that the kingdom of heaven belongs."	– Matthew 19:14

The children are invited to gather in the chapel for Children's Chapel. The congregation may be seated.

#### First Reading

Lector	A reading from the Book of Proverbs.
	A good name is to be chosen rather than great riches, and favour is better than silver or gold.
	The rich and the poor have this in common:
	the Lord is the maker of them all.
	Whoever sows injustice will reap calamity, and the rod of anger will fail.
	Those who are generous are blessed,
	for they share their bread with the poor.
	Do not rob the poor because they are poor,
	or crush the afflicted at the gate;
	for the Lord pleads their cause
	and despoils of life those who despoil them.
	4

Book of Common Prayer p. 233

Proverbs 22:1-2, 8-9, 22-23

*Lector* The Word of the Lord.

## All Thanks be to God.

#### Psalm 125

Chanted by the Parish Choir.

- Book of Common Prayer p. 781 | Richard Farrant The Anglican Chant Psalter
- 1 Those who trust in the Lord are like Mount Zion, \* which cannot be moved, but stands fast for ever.
- 2 The hills stand about Jerusalem; \* so does the Lord stand round about his people, from this time forth for evermore.
- 3 The scepter of the wicked shall not hold sway over the land allotted to the just, \* so that the just shall not put their hands to evil.
- 4 Show your goodness, O Lord, to those who are good \* and to those who are true of heart.
- 5 As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers; \* but peace be upon Israel.

#### Second Reading

*Lector* A reading from the Letter of James.

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.[ For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment.]

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them,

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James 2:1-10, [11-13], 14-17

"Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

- Lector The Word of the Lord.
- All Thanks be to God.

#### Gradual Hymn

"In Christ there is no East or West" The Hymnal 1982 #529



Words: John Oxenham (1852-1941), alt. Music: *McKee*, Afro-American spiritual; adapt. and harm. Harry T. Burleigh (1866-1949)

## The Gospel

## Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

## All Glory to you, Lord Christ.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

DeaconThe Gospel of the Lord.AllPraise to you, Lord Christ.

The Sermon

The Rev. Brent A. Melton

#### The Nicene Creed

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead,

and the life of the world to come. Amen.

#### The Prayers of the People

Celebrant	In peace, we pray to you, Lord God.	
Lector	For all people in their daily life and work;	
<b>All</b>	For our families, friends, and neighbors, and for those who are alone.	
Lector	For this community, the nation, and the world;	
<b>All</b>	For all who work for justice, freedom, and peace.	
Lector	For the just and proper use of your creation;	
<b>All</b>	For the victims of hunger, fear, injustice, and oppression.	
Lector	For all who are in danger, sorrow, or any kind of trouble;	
<b>All</b>	For those who minister to the sick, the friendless, and the needy.	
Lector	For the peace and unity of the Church of God;	
<b>All</b>	For all who proclaim the Gospel, and all who seek the Truth.	
Lector	For Michael our Presiding Bishop and Sean our Presiding Bishop-Elect; Mark, Gayle, Bud, our Bishops; and other ministers;	
All	For all who serve God in his Church.	
Lector	For the special needs and concerns of this congregation.	
Silence   The People may add their own petitions.		

## The Parish Prayer List

The Deacon will read the names of those on the parish prayer list.

- *Deacon* Hear us, Lord;
- All For your mercy is great.
- *Deacon* We thank you, Lord, for all the blessings of this life.

*Silence* | *The People may add their own thanksgivings.* 

*Deacon* We will exalt you, O God our King;

All And praise your Name for ever and ever.

*Deacon* We pray for all who have died, [especially\_\_\_\_], that they may have a place in your eternal kingdom.

Silence | The People may add their own petitions.

*Deacon* Lord, let your loving-kindness be upon them;

## All Who put their trust in you.

Celebrant We pray to you also for the forgiveness of our sins.

Silence may be kept. Please remain standing as you are able.

## The Confession of Sin & Absolution

All Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

#### The Peace

Book of Common Prayer p. 360

Book of Common Prayer p. 376

*Celebrant* The peace of the Lord be always with you.

All And also with you.

## Welcome and Announcements

# The Holy Communion

## **Offertory Sentence**

 Celebrant
 Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.
 - Ephesians 5:2

To donate or pay your pledge, scan the QR code or visit **ghtc.org/give**.

#### **Offertory Anthem**

Parish Choir

"O How Amiable" Ralph Vaughan Williams, arr. Stanley M. Baker (Anthem information is provided at the back of the bulletin and written by Stanley M. Baker)

O how amiable are thy dwellings: thou Lord of hosts! My soul hath a desire and longing to enter into the courts of the Lord. My heart and my flesh rejoice in the living God, And the swallow a nest where she may lay her young: Even thy altars, O Lord of hosts, my King and my God. They will be alway praising thee. The glorious majesty of the Lord our God be upon us: Prosper thou the work of our hands upon us. O prosper thou our handiwork. O God our help in ages past, Our hope for years to come, Our shelter from the stormy blast, And our eternal home.

Doxology

The Hymnal 1982 #380 (v. 3)

Book of Common Prayer p. 369

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

#### Eucharistic Prayer C

Celebrant	The Lord be with you.
<b>All</b>	And also with you.
Celebrant	Lift up your hearts.
<b>All</b>	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
<b>All</b>	It is right to give God thanks and praise.
Celebrant	God of all power, Ruler of the Universe, you are worthy of glory and praise.
<b>All</b>	Glory to you for ever and ever.
Celebrant	At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

All By your will they were created and have their being.

*Celebrant* From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

All Have mercy, Lord, for we are sinners in your sight.

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

All By his blood, he reconciled us. By his wounds, we are healed.

*Celebrant* And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



Setting: William Mathias (b. 1934)

You may remain standing or kneeling as you prefer.

*Celebrant* And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant* Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,*All* We celebrate his death and resurrection, as we await the day of his coming.

*Celebrant* Lord God of our Mothers and Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All Risen Lord, be known to us in the breaking of the Bread.

- *Celebrant* Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.
- All Amen.

Celebrant And now, as our Savior Christ has taught us, we are bold to say, in the language of your heart.

#### The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen. Book of Common Prayer p. 364

Padre nuestro que estás en el cielo,		
santificado sea tu Nombre,		
venga tu reino,		
hágase tu voluntad,		
en la tierra como en el cielo.		
Danos hoy nuestro pan de cada día.		
Perdona nuestras ofensas,		
como también nosotros perdonamos		
a los que nos ofenden.		
No nos dejes caer en tentación		
y líbranos del mal.		
Porque tuyo es el reino,		
tuyo es el poder, y tuya es la gloria,		
ahora y por siempre. Amén.		

### The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia.

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion from the Common Cup is available from the Main Altar only. Communion by intinction is available at the lectern station and for those who are seated in the pews. Please refer to the back cover for full instructions about receiving communion.

If you prefer to receive the sacrament while seated in the congregation, **please raise your bulletin and the Eucharistic Ministers will bring the sacrament to you.** For a **gluten-free wafer**, please bring a blue gluten-free card from the pew rack to the altar rail. If you do not wish to receive Communion, you may come forward for a blessing.

## Communion Hymn 1

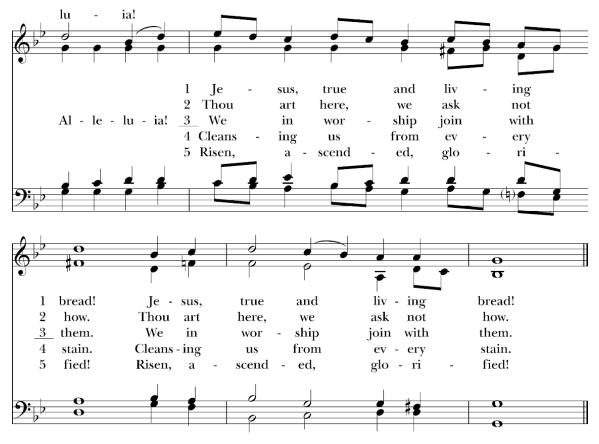
"My faith looks up to thee" *The Hymnal 1982* #691



Words: Ray Palmer (1808-1887) | Music: Olivet, Lowell Mason (1792-1872)



15



Words: George Hugh Bourne (1840-1925), alt.Music: Bryn Calfaria, melody William Owen (1813-1893); harm. Christian Hymns, 1977

Please stand as you are able.

#### **Post-Communion Prayer**

Book of Common Prayer p. 365

#### *Celebrant* Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

#### The Blessing

*Celebrant* The peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, of and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.** 

#### **Recessional Hymn**

"Immortal, invisible, God, only wise" The Hymnal 1982 #423

All stand as you are able and sing.



Words: Walter Chalmers Smith (1824-1908), alt. | Music: *St. Denio*, Welsh hymn, from *Caniadau y Cyssegr*, 1839; adapt. John Roberts (1822-1877); harm. *The English Hymnal*, 1906, alt.

#### The Dismissal

*Celebrant* Friends, life is short and we do not have much time to gladden the hearts of those who travel with us so be swift to love, make haste to be kind and go in peace to love and serve the Lord.

## All Thanks be to God.

Postlude

"Concert Etude for Pedals Alone" Dr. John Weaver | Dedicated to Dr. Elizabeth Melcher Davis – January 1994

Dr. Elizabeth Melcher Davis, Organist

## Everyone is invited to the Reception for Father Brent & Family in the Parish Hall following worship.

## Flowers at the Altar

This Sunday's flowers at the altar are given to the Glory of God and in grateful thanksgiving for the ministry of Father Brent by the Vestry. *If you would like to remember or honor a loved one by giving the altar flowers, please call Cathy Saunders at (804) 359-5628 x13 with dates and specific requests.* Altar flowers can also be given for recognition, birthdays, anniversaries, or special occasions. The cost is \$100. You may mail a check or handle the cost online at **ghtc.org/give.** 

## **Today's Worship Participants**

The Rev. Brent A. Melton, Celebrant & Preacher Dr. Elizabeth Melcher Davis, Choirmaster & Organist Stanley M. Baker, Assistant Choirmaster & Organist Mary Hetherington, Sidney Hetherington, Adelaide Williams & Seamus Gregory, Acolytes Mason New & Marcia Hailey, Lectors Abigail Stinnett, Jane Chaffin & Mike MacDowell, Chalice Bearers Karin Walker, Liz Bisset, Sandie Hale & Cathy Saunders, Altar Guild

## A New Organ Accompaniment for an Old Anthem

Composer Ralph Vaughan Williams was one of the most esteemed English musicians of the 20th century. He was also very prolific and created music for a great variety of ensembles.

For the Abinger Pageant (think village festival with musical skits) in 1934, Vaughan Williams was commissioned to create several different musical works of greatly varying types including a choral setting of parts of Psalms 84 and 90, "O How Amiable Are Thy Dwellings", to be accompanied by the local military band. In 1940, Vaughan Williams arranged a version of this same piece accompanied only with organ, which is the version almost exclusively in use in churches and schools today.

Curiously, there is a footnote at the bottom of the first page of the organ version that says "This anthem was originally accompanied by military band. For open air performance this is preferable." I thought to myself "wouldn't it be nice to know the instrumental sounds that Vaughan Williams had in mind when he first conceived the anthem." I mostly wanted to reflect those sounds in my choices of organ stops if possible.

Finding the original score for band turned out to be a bit of a challenge however. That version is now out of print but I was able to locate one using Inter Library Loan (thank you Richmond Public Library!).

As I began to delve into how Vaughan Willams wrote his original accompaniment, I began to discover many wonderful things about it that were regrettably left out of the first organ-only version. Even at the very beginning there are some long-held notes that were not included in the first organ version.

That's when this little project took on a life of its own. I decided to (almost) completely rewrite the accompaniment using the full score as my guide. While at my previous musical position I had become fluent using music notation software (think word processor for music) which meant that creating a new musical score was within my grasp.

This anthem culminates by quoting a well-known hymn (the Psalm 90 part), "O God, Our Help in Ages Past". One of the discoveries embedded in the band score is a little descant for a solo clarinet soaring over the choral voices. I managed to include this as the top voice in the organ part.

Hope you all enjoy this new, yet old version of the anthem!

Stanley Baker, Assistant Choirmaster & Organist

## Teaching Blurb | The Season after Pentecost (Green) - Music in September

The season that follows Pentecost Sunday continues through the summer and fall months. This is the longest church season, as many as 28 Sundays depending on the date of Easter Day. This season is falls in an Ordinary Time and is green is the preferred color. In this is a time Christians should reflect on the meaning of Christ's resurrection in our ordinary life. Each month we will include a new "Teaching Blurb" for your learning.

Music has been a part of the liturgy (worship service) from the very beginning. Liturgy by definition was "sung." Chanting/singing was considered the highest form of worship and was the norm through the Middle Ages. We began to lose chanting in the local parish churches in the Reformation. It was revived by the 19th Century and now is common, especially during the Psalm. We remember what Ephesians 5:19-20 says, "... as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ."

## **Release Information**

Photographs and video of our services help keep our community connected and give visitors an idea of what to expect attending our church. If you do not want to be photographed or appear in our live and recorded services, please let an usher know so that you can be seated in an area that is not visible on camera.

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## **Complimentary Sunday Parking**



**Validation Number:** WM-1374 **Expiration date:** 06/30/2025 *QR code only valid on Sundays.* 

### VCU W. Main Street Parking Deck Instructions

- 1. Enter the parking deck from N. Laurel Street or N. Cherry Street.
- 2. At the parking gate arm, press the button to receive a ticket.
- 3. Park in any available space in the deck.
- 4. After visiting Grace & Holy Trinity, exit the parking deck in your vehicle and scan your parking ticket into the machine at the parking gate arm.
- 5. When the machine asks for payment, hold the QR code to the scanner.
- 6. The machine will scan the code, accept it as payment, and the parking gate arm will raise in order for you to exit.

\*If you need assistance, press the "i" button at the gate and someone will assist remotely.

#### Communion Instructions for 10:30 a.m. Services

- Communicants will drink from the Chalice at the Altar in the church. Alternatively, communicants who receive the Bread may refrain from drinking from the Chalice; those who refrain from drinking from the Chalice are encouraged to cross their arms and to say "Amen" when the Chalice is offered by the Chalice Bearer: their "Amen" is their verbal acknowledgment of the grace of the sacrament. The full grace of the sacrament is communicated through the Bread.
- Intinction will be offered only at the base of the chancel steps beneath the lectern and for those who are served Communion in the pews. The Priest will intinct the Bread into the Common Cup, while the Chalice Bearer assists them. We will use a larger size wafer to facilitate intinction. After receiving, exit to the left to make your way back to your pew.
- The same intinction method will be observed in the pews.
  - Clergy and Chalice Bearers will apply hand sanitizer before administering the sacrament.

Grace & Holy Trinity Church 8 N. Laurel Street, Monroe Park • Richmond, VA 23220 (804) 359-5628 ghtc.org

