

Grace & Holy Trinity Church

an Episcopal parish on Monroe Park



The Tenth Sunday after Pentecost

Year A

Holy Eucharist, Rite One

Sunday, August 2, 2026 | 8:00 a.m.

Welcome

Welcome to Grace & Holy Trinity. We hope you will find a community here with us, whether you are a college student, Richmond newcomer, out-of-towner, or a long-time resident looking for a new church home. **If you are visiting**, please fill out the **Connect Card** from the Connect Table and place it in the offering plate during the service. A wonderful **nursery** staff is available from 9:00 a.m. to 12:00 p.m. should you wish to drop off your young children (up to age 3) during worship. **Changing tables** are located in the family restroom in the choir room. A greeter can direct you. Information about **complimentary Sunday parking** can be found on the back of this bulletin.

The Word of God

The beginning of our worship is intended as a reflection.

Opening Acclamation

Book of Common Prayer p. 323

Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity

Book of Common Prayer p. 323

Celebrant Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: **Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

Trisagion

Book of Common Prayer p. 324

Celebrant Holy God, Holy and Mighty, Holy Immortal One,

All Have mercy upon us.

The Collect of the Day

Book of Common Prayer p. 180

Celebrant The Lord be with you.

All And with thy spirit.

Celebrant Let us pray.

O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church, and, because it cannot continue in safety without thy succor, preserve it evermore by thy help and goodness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

You may be seated for the readings.

First Reading

Genesis 32:22–31

Lay Reader A reading from the Book of Genesis.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob,

but Israel, for you have striven with God and with humans, and have prevailed.” Then Jacob asked him, “Please tell me your name.” But he said, “Why is it that you ask my name?” And there he blessed him. So Jacob called the place Peniel, saying, “For I have seen God face to face, and yet my life is preserved.” The sun rose upon him as he passed Peniel, limping because of his hip.

Lay Reader The Word of the Lord.

All Thanks be to God.

Psalm 17:1–7, 16

Read responsively by whole verse.

Book of Common Prayer p. 600

Exaudi, Domine

Lay Reader 1 Hear my plea of innocence, O LORD;
give heed to my cry;
listen to my prayer, which does not come from lying lips.

**All 2 Let my vindication come forth from your presence;
let your eyes be fixed on justice.**

3 Weigh my heart, summon me by night,
melt me down; you will find no impurity in me.

**4 I give no offense with my mouth as others do;
I have heeded the words of your lips.**

5 My footsteps hold fast to the ways of your law;
in your paths my feet shall not stumble.

**6 I call upon you, O God, for you will answer me;
incline your ear to me and hear my words.**

7 Show me your marvelous loving-kindness,
O Savior of those who take refuge at your right hand
from those who rise up against them.

**16 But at my vindication I shall see your face;
when I awake, I shall be satisfied, beholding
your likeness.**

Lay Reader A reading from the Book of Romans.

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Lay Reader The Word of the Lord.

All Thanks be to God.

The Gospel

Matthew 14:13–21

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

All Glory be to thee, O Lord.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Deacon The Gospel of the Lord.

All Praise be to thee, O Christ.

The Sermon

The Rev. Marissa Sotos, *Assistant Priest*

Silence for reflection.

The Nicene Creed

Book of Common Prayer p. 326

Celebrant Let us stand, and affirm our common faith in the words of the Nicene Creed.

The Prayers of the People

Book of Common Prayer p. 328

Parish Prayer List

The Confession of Sin & Absolution

Book of Common Prayer p. 330

The Peace

Book of Common Prayer p. 332

Welcome & Announcements

The Holy Communion

Offertory Sentence

Book of Common Prayer p. 376

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

– *Ephesians* 5:2

To donate or pay your pledge, text “GHTC” to 73256 or visit ghtc.org/give.

In receiving the offertory plates we say ...

All All things come of thee O Lord and of thine own have we given thee. – *1 Chronicles* 29:14

The Great Thanksgiving: Eucharistic Prayer II

Book of Common Prayer p. 340

The Lord’s Prayer

Book of Common Prayer p. 336

The Breaking of the Bread

Book of Common Prayer p. 337

Communion Instructions

Communicants will drink from the Chalice at the Altar in the chapel or intinct (dip) their wafer in the intinction cup. If you choose to intinct, after you receive the wafer, simply pinch the wafer between your thumb and index finger and hold it up near your face. This will signal for the intinction cup to be brought to you. You will dip the wafer yourself and then receive. Alternatively, communicants who receive the Bread may refrain from drinking from the Chalice entirely. Those who refrain from drinking from the Chalice are encouraged to cross their arms and say “Amen” when the Chalice is offered: their “Amen” is their verbal acknowledgment of the grace of the sacrament, the full grace of which is communicated through the Bread.

Post-Communion Prayer

Book of Common Prayer p. 339

Please stand as you are able.

Celebrant Let us pray.

All Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

The Dismissal

Henri-Frédéric Amiel & *Book of Common Prayer* p. 339

Deacon Friends, life is short and we do not have much time to gladden the hearts of those who travel with us so be swift to love, make haste to be kind, and go in peace to love and serve the Lord.

All Thanks be to God.

Flowers at the Altar

This Sunday's Altar flowers are given to the glory of God. *If you would like to remember or honor a loved one by giving altar flowers, scan the QR Code, call the office, or visit ghc.org/flowers for information.*



Today's Worship Leaders

The Rev. Marissa Sotos, *Concelebrant & Preacher*

The Rev. Jenny Montgomery, *Concelebrant*

Kay Gray, *Lay Reader*

Parishioner's Pastoral Care Phone Number

A Pastoral Care Line is active for parishioners experiencing a pastoral emergency when the church office is closed. The on-call number is **(804) 322-3758**. Please save this number to your phone's contact list. Voice and text messages can be left at this number. The pastoral care team is comprised of our clergy and two staff members. We want to make sure we can connect to support our parishioners in any time of need.

The Season after Pentecost (Green)

The season that follows Pentecost Sunday continues through the summer and fall months. This is the longest church season, as many as 28 Sundays depending on the date of Easter Day. This season falls in an Ordinary Time and green is the preferred color. This is a time Christians should reflect on the meaning of Christ's resurrection in our ordinary life.

Clergy vestments and daily dress: The white robe we wear is called an **Alb** coming from "tunica alba" or white tunic. The stole worn over the alb is a reminder of being tacked to Jesus Christ's yoke. Deacons put the stole to the side in order to get it out of the way while serving. Before the Table Liturgy the celebrating priest puts on a **Chasuble**, which means "little house." The stole and chasuble colors typically match the liturgical season of the church. Clergy daily dress is usually a white collar and black shirt similar to the work of the judiciary. This dress is a sign of clergy work, our uniform. However, nothing in the Book of Common Prayer tells what we are supposed to wear.

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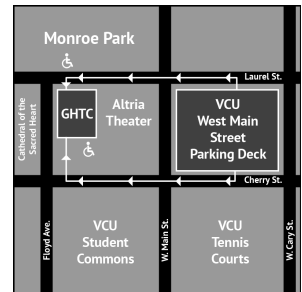
Complimentary Sunday Parking Instructions at VCU W. Main Street Parking Deck



Validation Number: WM-1593

Expiration date: 06/30/2027

QR code only valid on Sundays.



1. Enter the parking deck from N. Laurel Street or N. Cherry Street.
2. At the parking gate arm, press the button to receive a ticket.
3. Park in any available space in the deck.
4. After visiting Grace & Holy Trinity, exit the parking deck in your vehicle and scan your parking ticket into the machine at the parking gate arm.
5. When the machine asks for payment, hold the QR code to the scanner.
6. The machine will scan the code, accept it as payment, and the parking gate arm will raise in order for you to exit.

***If you need assistance, press the “i” button at the gate and someone will assist remotely.**

GHTC Staff: Name, Title	Ministry Focus	Phone Ext.
The Rev. Brent A. Melton, <i>Priest-in-Charge</i>	Admin. Liturgy Pastoral Care	Ext. 17
The Rev. Marissa Sotos, <i>Assistant Priest</i>	Outreach Communications Liturgy	Ext. 16
The Rev. Jenny Montgomery, <i>Priest Associate</i>	Worship Parish Life	Ext. 12
The Rev. Steve Pace, <i>Deacon</i>	Outreach Pastoral Care	Ext. 12
The Rev. Russ Kerr, <i>Campus Minister</i>	Pace Center Student Engagement Coordinator	
Tyler Brady, <i>Communications Associate</i>	Communications Media Printing	Ext. 25
Luke Brennan, <i>Assistant Choirmaster & Organist</i>	Youth Instrumental Ensemble Choir	Ext. 21
Jane Coffey, <i>Financial Administrator</i>	Admin. Pledges Stewardship Realm	Ext. 14
Theo Cole, <i>Sexton</i>	Property	Ext. 27
Dr. Elizabeth Melcher Davis, <i>Choirmaster & Organist</i>	Music Choir Liturgy	Ext. 18
Barbara Hobson-Simpson, <i>Receptionist</i>	Doors Phones Welcome	Ext. 10
Madeleine Preston, <i>Minister of Formation & Connection</i>	Children & Youth Newcomers Volunteers	Ext. 15
Coco Provance, <i>Director of Administration & Facilities</i>	Operations Facilities Pastoral Care Admin.	Ext. 23
Abigail Stinnett, <i>Children's Choir Director</i>	Children's Choir	

We ask that you please take this bulletin with you and recycle it when you are finished.

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