

Grace & Holy Trinity Church

an Episcopal parish on Monroe Park



The Fourteenth Sunday after Pentecost

Year A

Holy Eucharist, Rite One

Sunday, August 30, 2026 | 8:00 a.m.

Welcome

Welcome to Grace & Holy Trinity. We hope you will find a community here with us, whether you are a college student, Richmond newcomer, out-of-towner, or a long-time resident looking for a new church home. **If you are visiting**, please fill out the **Connect Card** from the Connect Table and place it in the offering plate during the service. A wonderful **nursery** staff is available from 9:00 a.m. to 12:00 p.m. should you wish to drop off your young children (up to age 3) during worship. **Changing tables** are located in the family restroom in the choir room. A greeter can direct you. Information about **complimentary Sunday parking** can be found on the back of this bulletin.

The Word of God

The beginning of our worship is intended as a reflection.

Opening Acclamation

Book of Common Prayer p. 323

Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity

Book of Common Prayer p. 323

Celebrant Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: **Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

Trisagion

Book of Common Prayer p. 324

Celebrant Holy God, Holy and Mighty, Holy Immortal One,

All Have mercy upon us.

The Collect of the Day

Book of Common Prayer p. 181

Celebrant The Lord be with you.

All And with thy spirit.

Celebrant Let us pray.

Lord of all power and might, who art the author and giver of all good things: Graft in our hearts the love of thy Name, increase in us true religion, nourish us with all goodness, and bring forth in us the fruit of good works; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

You may be seated for the readings.

First Reading

Exodus 3:1–15

Lay Reader A reading from the Book of Exodus.

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, “I must turn aside and look at this great sight, and see why the bush is not burned up.” When the Lord saw that he had turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.” Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.” He

said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

Lay Reader The Word of the Lord.

All Thanks be to God.

Psalm 105:1–6, 23–26, 45c

Read responsively by whole verse.

Book of Common Prayer p. 738

Confitemini Domino

Lay Reader 1 Give thanks to the Lord and call upon his Name;
make known his deeds among the peoples.

All 2 **Sing to him, sing praises to him,**
and speak of all his marvelous works.

3 Glory in his holy Name;
let the hearts of those who seek the Lord rejoice.

4 **Search for the Lord and his strength;**
continually seek his face.

5 Remember the marvels he has done,
his wonders and the judgments of his mouth,

6 **O offspring of Abraham his servant,**
O children of Jacob his chosen.

23 Israel came into Egypt,
and Jacob became a sojourner in the land of Ham.

24 **The Lord made his people exceedingly fruitful;**
he made them stronger than their enemies;

25 Whose heart he turned, so that they hated his people,
and dealt unjustly with his servants.

**26 He sent Moses his servant,
and Aaron whom he had chosen.**

45 Hallelujah!

Second Reading

Romans 12:9–21

Lay Reader A reading from the Book of Romans.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” Do not be overcome by evil, but overcome evil with good.

Lay Reader The Word of the Lord.

All Thanks be to God.

The Gospel

Matthew 16:21–28

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

All Glory be to thee, O Lord.

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you.” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.” Then Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? “For the Son of Man is to come with his angels in the glory of his Father, and

then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

Deacon The Gospel of the Lord.

All Praise be to thee, O Christ.

The Sermon

Mary Foster Parmer, *Invite Welcome Connect*

Silence for reflection.

The Nicene Creed

Book of Common Prayer p. 326

Celebrant Let us stand, and affirm our common faith in the words of the Nicene Creed.

The Prayers of the People

Book of Common Prayer p. 328

Parish Prayer List

The Confession of Sin & Absolution

Book of Common Prayer p. 330

The Peace

Book of Common Prayer p. 332

Welcome & Announcements

The Holy Communion

Offertory Sentence

Book of Common Prayer p. 376

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

– *Ephesians 5:2*

To donate or pay your pledge, text “GHTC” to 73256 or visit ghtc.org/give.

In receiving the offertory plates we say ...

All All things come of thee O Lord and of thine own have we given thee. – 1 Chronicles 29:14

The Great Thanksgiving: Eucharistic Prayer II

Book of Common Prayer p. 340

The Lord’s Prayer

Book of Common Prayer p. 336

The Breaking of the Bread

Book of Common Prayer p. 337

Communion Instructions

Communicants will drink from the Chalice at the Altar in the chapel or intinct (dip) their wafer in the intinction cup. If you choose to intinct, after you receive the wafer, simply pinch the wafer between your thumb and index finger and hold it up near your face. This will signal for the intinction cup to be brought to you. You will dip the wafer yourself and then receive. Alternatively, communicants who receive the Bread may refrain from drinking from the Chalice entirely. Those who refrain from drinking from the Chalice are encouraged to cross their arms and say “Amen” when the Chalice is offered: their “Amen” is their verbal acknowledgment of the grace of the sacrament, the full grace of which is communicated through the Bread.

Post-Communion Prayer

Book of Common Prayer p. 339

Please stand as you are able.

Celebrant Let us pray.

All Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

The Dismissal

Henri-Frédéric Amiel & *Book of Common Prayer* p. 339

Deacon Friends, life is short and we do not have much time to gladden the hearts of those who travel with us so be swift to love, make haste to be kind, and go in peace to love and serve the Lord.

All Thanks be to God.

Flowers at the Altar

This Sunday's Altar flowers are given to the glory of God. *If you would like to remember or honor a loved one by giving altar flowers, scan the QR Code, call the office, or visit ghtc.org/flowers for information.*



Today's Worship Leaders

Mary Foster Parmer, *Preacher*

The Rev. Brent A. Melton, *Concelebrant*

The Rev. Marissa Sotos, *Concelebrant*

Kay Gray, *Lay Reader*

Parishioner's Pastoral Care Phone Number

A Pastoral Care Line is active for parishioners experiencing a pastoral emergency when the church office is closed. The on-call number is **(804) 322-3758**. Please save this number to your phone's contact list. Voice and text messages can be left at this number. The pastoral care team is comprised of our clergy and two staff members. We want to make sure we can connect to support our parishioners in any time of need.

The Season after Pentecost (Green)

The season that follows Pentecost Sunday continues through the summer and fall months. This is the longest church season, as many as 28 Sundays depending on the date of Easter Day. This season falls in an Ordinary Time and green is the preferred color. This is a time Christians should reflect on the meaning of Christ's resurrection in our ordinary life.

Clergy vestments and daily dress: The white robe we wear is called an **Alb** coming from "tunica alba" or white tunic. The stole worn over the alb is a reminder of being tacked to Jesus Christ's yoke. Deacons put the stole to the side in order to get it out of the way while serving. Before the Table Liturgy the celebrating priest puts on a **Chasuble**, which means "little house." The stole and chasuble colors typically match the liturgical season of the church. Clergy daily dress is usually a white collar and black shirt similar to the work of the judiciary. This dress is a sign of clergy work, our uniform. However, nothing in the Book of Common Prayer tells what we are supposed to wear.

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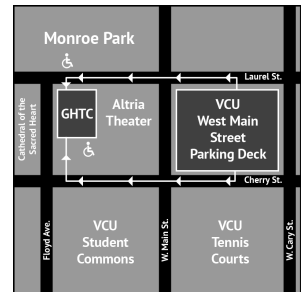
Complimentary Sunday Parking Instructions at VCU W. Main Street Parking Deck



Validation Number: WM-1593

Expiration date: 06/30/2027

QR code only valid on Sundays.



1. Enter the parking deck from N. Laurel Street or N. Cherry Street.
2. At the parking gate arm, press the button to receive a ticket.
3. Park in any available space in the deck.
4. After visiting Grace & Holy Trinity, exit the parking deck in your vehicle and scan your parking ticket into the machine at the parking gate arm.
5. When the machine asks for payment, hold the QR code to the scanner.
6. The machine will scan the code, accept it as payment, and the parking gate arm will raise in order for you to exit.

***If you need assistance, press the “i” button at the gate and someone will assist remotely.**

GHTC Staff: Name, Title

Ministry Focus

Phone Ext.

The Rev. Brent A. Melton, <i>Priest-in-Charge</i>	Admin. Liturgy Pastoral Care	Ext. 17
The Rev. Marissa Sotos, <i>Assistant Priest</i>	Outreach Communications Liturgy	Ext. 16
The Rev. Jenny Montgomery, <i>Priest Associate</i>	Worship Parish Life	Ext. 12
The Rev. Steve Pace, <i>Deacon</i>	Outreach Pastoral Care	Ext. 12
The Rev. Russ Kerr, <i>Campus Minister</i>	Pace Center Student Engagement Coordinator	
Tyler Brady, <i>Communications Associate</i>	Communications Media Printing	Ext. 25
Luke Brennan, <i>Assistant Choirmaster & Organist</i>	Youth Instrumental Ensemble Choir	Ext. 21
Jane Coffey, <i>Financial Administrator</i>	Admin. Pledges Stewardship Realm	Ext. 14
Theo Cole, <i>Sexton</i>	Property	Ext. 27
Dr. Elizabeth Melcher Davis, <i>Choirmaster & Organist</i>	Music Choir Liturgy	Ext. 18
Barbara Hobson-Simpson, <i>Receptionist</i>	Doors Phones Welcome	Ext. 10
Madeleine Preston, <i>Minister of Formation & Connection</i>	Children & Youth Newcomers Volunteers	Ext. 15
Coco Provance, <i>Director of Administration & Facilities</i>	Operations Facilities Pastoral Care Admin.	Ext. 23
Abigail Stinnett, <i>Intergenerational Choir Director</i>	Intergenerational Choir	

We ask that you please take this bulletin with you and recycle it when you are finished.

Grace & Holy Trinity Church
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